



Facing Hereditary Cancer EMPOWERED

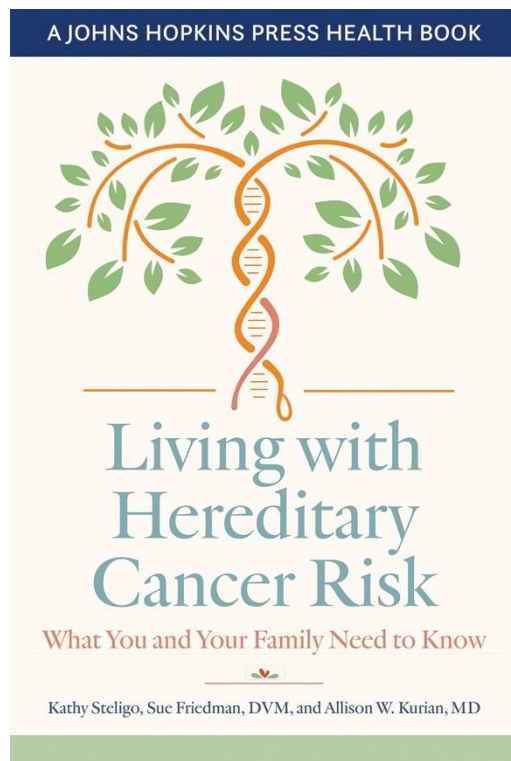
FOR IMMEDIATE RELEASE
October 11, 2022

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FORCE Experts Write Breakthrough Book on Hereditary Cancer

Living with Hereditary Cancer Risk is today's most definitive guide on hereditary cancer

(TAMPA, FLORIDA) — Published by Johns Hopkins University Press, [Living with Hereditary Cancer Risk: What You and Your Family Need to Know](#) is the most comprehensive guide available on hereditary cancers. The expert-reviewed book is packed with the latest information on hereditary cancer risk, prevention, genetic counseling and testing, treatment, quality of life, and more.



Sue Friedman, DVM, founder and executive director of [Facing Our Risk of Cancer Empowered \(FORCE\)](#), created the book in collaboration with Allison Kurian, MD, a FORCE Advisory Board member and director of the Stanford Women's Clinical Cancer Genetics Program, and Kathy Steligo, FORCE's Editor-at-Large and author of *The Breast Reconstruction Guidebook*. These passionate patient advocates have compiled the most trusted information and support resources, amassed over more than two decades by FORCE, the de facto voice of the hereditary cancer community.

Combining the latest scientific research with national guidelines, expert advice and compelling patient stories, the book offers previvors (those who have a mutation but have never been diagnosed), survivors and their families the guidance they need to face the unique physical and emotional challenges of living in a high-risk body. A preview of the Foreword, Table of Contents, and Introduction is available [here](#).

"This is an ambitious project written by leaders in the field, and I'm impressed at the range of topics that are covered with great detail and nuance," said Julie S. Mak, MS, MSc, a genetic counselor at the University of California San Francisco's Cancer Genetics and Prevention Program.

Living with Hereditary Cancer Risk comes 10 years after Friedman and Steligo—both breast cancer survivors—coauthored the book [Confronting Hereditary Breast and Ovarian Cancer](#).

Since that time, an explosion of discoveries has improved how experts approach hereditary cancers. Notable advances that are covered in the new guide include the development of targeted therapies that treat hereditary cancers and the discovery of mutations in ATM, CHEK2, PALB2 and other genes that have been linked to hereditary breast, ovarian, pancreatic and/or prostate cancer risk.

“With so many important changes in the world of hereditary cancer, we needed a new guide that reflects our commitment to providing accurate, up-to-date information and resources to the expanded high-risk community. *Living with Hereditary Cancer Risk* does just that,” said Friedman.

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About the Authors

Sue Friedman, DVM (GULFPORT, FL), the founder and executive director of Facing Our Risk of Cancer Empowered (FORCE), is a breast cancer survivor with a BRCA2 mutation.

Kathy Steligo (SAN CARLOS, CA) is the author of *The Breast Reconstruction Guidebook* and the coauthor of *Confronting Chronic Pain* and *The Breast Cancer Book*. She is a two-time breast cancer survivor.

Allison W. Kurian, MD, MSc (STANFORD, CA) is a clinical oncologist and the director of the Stanford Women's Clinical Cancer Genetics Program.

About FORCE

FORCE improves the lives of the millions of individuals and families facing hereditary breast, ovarian, pancreatic, prostate, colorectal and endometrial cancers. Our community includes people with a personal or family history of cancer, Lynch syndrome, a BRCA1, BRCA2, ATM, PALB2, CHEK2, PTEN or other inherited gene mutation linked to cancer. We are dedicated to providing up-to-date, expert-reviewed information and resources that help people make informed medical decisions. Our strong, supportive community of peers and professionals ensures no one must face hereditary cancer alone. FORCE serves as a champion, unifying the community and advocating for awareness, access to care and better treatment and prevention options.

For more information, visit FORCE's website at www.FacingOurRisk.org.